INTENSIVE COURSE

"Innovations from Anthropological-Design-Thinking-Methodology

for protecting social workers from burnout"

European Christian Academy

PROGRAM

June 1-10, 2026

Day 1

- Students: Complex occupational context of data regarding social workers' burnout
- Students: Shared narratives on burnout; lack of anthropological understanding of clients and social contexts
- Teachers: Burnout anthropological subjects to be incorporated within SW curriculum

Day 2

- Lecture: The meaning of the "social" – why it became paramount? Metaparadigm concept of human' health & suffering – holistic position of human anthropology
- Workshop: presenting anthropological knowledge in case solving

Day 3

- SW as a dialogical process:
- a) historical survey of SW clients' classification;
- b) Nordic Social Work Research – academic discourses concerning intercultural dialogue as a practice and collective action;
- c) SW in the Baltics – lack of integral approach to client in profession

Day 4

- Theory of caritative caring ethics
- Workshop: Rehabilitation of burnout victims by ADTM (case studies)

Day 5

- Practical essay “When the organization is the problem? When the lack of knowledge is problem?”
- Workshops. Presenting anthropological case-solving in essays

Day 6

- Visit to Day centre “Dzīvības Aka” (Anete Ankmane) in Riga. Perceiving anthropological knowledge as a success factor

Day 7 SUNDAY

Day 8

- Experimental project work: “I wish I had known – ADTM versus burnout”

Day 9

- Project works presentation
- For teachers – discussion of drafts of 3 research articles; conclusions about innovative module in study programs

Day 10

- Mini-conference of reaching goals of the IC
- Assessment of quality: questionnaires
- Sharing ideas of future cooperation, dissemination of results

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